

**HOLE IN THE HEART**  
**BOARD MEETING AGENDA**  
September 20, 2022-6:00pm/Zoom Meeting

**A. Roll Call**

- Sandra Fahrlender, President - present
- Bob Fahrlender, Treasurer - present
- Stephanie Avila, Secretary - present
- Mario Avila, Co-Treasurer - present
- Patricia Scott, Advocate – not present
- Christy Esquibel, Medical Counsel - present
- Laura Fallen, CHD Patient Advocate - present
- Kai Fahrlender, Youth Member - present
- Luke Fahrlender, Youth Member – not present

**B. Reading notice and proof of mailing**

A text was sent on September 15, 2022, announcing Board Meeting. A calendar invite was created and accepted.

**C. Reading of minutes of last preceding meeting**

Stephanie Avila, Secretary

**D. Executive Report (none)**

**E. Presidents' Report**

Sandra Fahrlender

Current business:

CHD ECHO program: meeting with Dr. Simmons and Dr. Stein (October 3 at 12pm/via Zoom – attendance from Board (?), Presbyterian Children & Adult Congenital Hospital, and Project ECHO, to help move this project along. (CHD Resources lacking in NM) In need of CHD experts to commit to monthly program; have secured funding for accreditation program for primary care providers. Mario, Steph, Christy, Kai, Laura can join. Going forward, Sandra to invite all board members to all meetings.

Partnerships:

Adult Congenital Heart Association (ACHA) to partner with Hole in the Heart's CHD ECHO program. They will provide some funding towards program in return of exclusive partnership with our program. ACHA is a national recognized organization with resources

for CHD experts and national fundraising opportunities. Potential meeting in future with Executive Director of ACHA, Project ECHO Team and Hole in the Heart (need attendance from Board Member).

**New Mexico Athletic Association:** Potential meeting with NMAA to discuss heart screening questions to help detect CHD in NM athletes. Use the American Academy of Pediatrics (AAP) heart screening policy as a bases of 4 questions to be asked during yearly athletic physicals in the State of NM.

1. Have you ever fainted, passed out, or had an unexplained seizure suddenly and without warn ing, especially during exercise or in response to sudden loud noises, such as doorbells, alarm clocks, and ringing telephones?
2. Have you ever had exercise-related chest pain or shortness of breath?
3. Has anyone in your immediate family (parents, grandparents, siblings) or other, more distant relatives (aunts, uncles, cousins) died of heart problems or had an unexpected sudden death before age 50? This would include unexpected drownings, unexplained auto crashes in which the relative was driving, or SIDS.
4. Are you related to anyone with HCM or hypertrophic obstructive cardiomyopathy, Marfan syn drome, ACM, LQTS, short QT syn drome, BrS, or CPVT or anyone younger than 50 years with a pacemaker or implantable defibrillator?

Laura to share Sandra's contact info with Dr. at Lovelace.

**Funding Opportunities:** Albuquerque Involved awarded grant \$500; McCune Charitable Foundation \$2500; potential grants available Con Alma Foundataion, Albuquerque Community Foundation, Frost Foundation, Anderson Charitable Foundation, Amazon Smile Spotlight Charity, Nusenda Community Sponsorship Working with State Officials (all 5) on federal funding/grants, creating a relationship to help assist in writing our own grant to be awarded for CHD ECHO program.

**FUTURE BOARD MEMBERS:** Search for a Cardiologist, Pediatrician & Pulmonary Specialist or ENT; Parent Liaison

#### F. Secretary's Report

Stephanie Avila

#### G. Treasurer's Report

Bob Fahrlender-Mario Avila

**Awarded Money:** Albuquerque Involved \$500; McCune Charitable Foundation \$2500; Total Savings \$3000 (CHD ECHO program)

Nusenda Balance: \$1,538 (research PayPal taking out \$1.07 each month (?))

SHARE on Social Media: AmazonSmile Charity to encourage others to purchase using Hole in the Heart (create post, share). Sandra to re-send Amazon Smile link, and to research activating the setting in the mobile app.

#### H. Election of Directors

The business, property, and affairs of H.I.T.H. shall be managed by a Board of Directors composed of a minimum of three (3) members. Each director shall hold office for a term of two (2) years or until a successor is qualified and elected.

#### I. Transaction of other business mentioned in the notice

Action item: for board members to reach out to their local representative for support.  
Feedback: in-person time to ramp up engagement.

#### J. Adjournment:

Upcoming Board Meetings:

TBD – may be last week of October (ANNUAL-In person, elect officials)